

# ThyrX



## Extreme Series Thyroid Support†

**ThyrX** by Max Muscle Sports Nutrition is targeted extreme nutrition to support your thyroid and metabolism. This unique formula specifically focuses on an often-overlooked part of a weight management plan, thyroid function. When you are trying to lose weight you are reducing calories and increasing exercise levels, which can negatively affect thyroid production causing a decrease in metabolic rate as your body tries to hold onto fat. You want to burn that fat so supporting thyroid function can be a key part of your fat loss strategy.

The proprietary Guggul Blend starts things off with a potent combination of Commiphora mukul extract and concentrated E & Z Guggulsterones to support thyroid function and maintain healthy cholesterol levels already within the normal range. Together you are getting the whole herb benefits along with the concentrated power of the active E & Z Guggulsterones.

The **ThyrX** Support Blend starts off with *Coleus forskohlii*, which contains 15mg of the active ingredient forskolin, to stimulate the action of cyclic AMP. Cyclic AMP in turn activates something called hormone sensitive lipase, which acts to break down fatty acid stores. These fatty acids can then be used by the muscles and other cells for energy by entering the Krebs Cycle as Acetyl CoA. *Coleus forskohlii* also appears to support thyroid gland and thyroid hormone production. The thyroid gland and the hormone it produces are in large part responsible for metabolic rate. When dieting your thyroid production can often decline due to lower caloric intake so keeping the thyroid in top condition is a good idea.

Another important part of thyroid hormone production is Iodine. Two major sources of iodine are Bladderwrack (*Fucus vesiculosus*) and Kelp Powder (*Macrocystis pyrifera*). Both Bladderwrack and *Macrocystis* are forms of Kelp that deliver 200mcg of valuable Iodine to the body. The function of the thyroid gland is to take iodine, and convert it into the thyroid hormones: thyroxine (T4) and triiodothyronine (T3). Thyroid cells are the only cells in the body that absorb iodine and then combine the iodine and the amino acid L-Tyrosine to make T3 and T4. L-Tyrosine is also included in the **ThyrX** formula for this very reason. The normal thyroid gland produces about 80% T4 and about 20% T3. T3 is about four times stronger than T4. The blend also contains Diiodo-L-Tyrosine, a direct precursor to the production of T3 and T4 thyroid hormones.†

Ashwaganda Root was included because it has been used for thousands of years in India as a general health tonic and energizer. This herb gives a mild lift of energy. Ginger was added to aid digestive function and warm the body.

The **ThyrX** proprietary blends are formulated with the best ingredients designed to work synergistically with each other for accelerated results. As with all MMSN products, we use only the highest quality ingredients to maximize your potential for extreme results. No other formula available today delivers anything close to **ThyrX**! For best results, you can combine **ThyrX** with **DiurX**, **SuppreX**, **ThermX** or **ThermXX**, regular exercise and a controlled diet plan.†

Consult a physician before starting any diet or exercise program.

Before taking Vitamin D2 (ergocalciferol), tell your doctor if you have kidney disease, kidney stones, liver disease, biliary disease, stomach or malabsorption problems, heart disease, or circulation problems.

Your assurance of quality®

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**Size:** 120 Capsules  
**Serving Size:** Two (2) Capsules  
**Servings Per Container:** 60

### KEY FEATURES

- *Thyroid Support†*
- *Metabolism Support†*
- *Energy Support†*

### KEY MESSAGES

- *Proprietary Guggul Blend that contains two forms of concentrated guggulsterones to support thyroid function and maintain healthy cholesterol levels already within the normal range†*
- *Coleus forskohlii, which contains forskolin stimulates the action of cyclic AMP on hormone sensitive lipase which acts to break down fatty acid stores†*
- *Coleus forskohlii also appears to support thyroid function and production for metabolic benefits†*
- *Bladderwrack and Macrocystis are both forms of Kelp that deliver valuable Iodine to the body which must be present for proper thyroid function†*
- *Diiodo-L-Tyrosine is a direct precursor to the production of thyroid hormone†*
- *L-Tyrosine also contributes to the production of thyroid hormones†*
- *Ashwaganda Root has been used for thousands of years in India as a general health tonic and energizer†*
- *Licorice Root supports adrenal cortical hormones production and adrenal function†*
- *Ginger Root is excellent for digestion and warms the body temperature†*

### TARGET MARKET

**Primary:** Men and women who are dieting to lose body fat and want to support proper thyroid function.

**Secondary:** Men and women who want to support metabolic rate and energy levels by supporting the thyroid function.

### RECOMMENDED STACK

- *Vit-Acell*
- *Max Lean Protein*
- *Max Pro*
- *DiurX*
- *SuppreX*
- *Max CLA*
- *Max Complete*
- *Max EFA*
- *ThermX*
- *ThermXX*
- *Max Carb & Fat Away*

## Extreme Series ThyrX 120 Capsules

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### Supplement Facts

Serving Size: Two (2) Capsules		Servings Per Container: 60	
	Amount Per Serving		%DV*
Vitamin A (acetate)	1250 IU		25%
Vitamin D2 (ergocalciferol)	100 IU		25%
Vitamin E (dl-alpha tocopherol)	7.5 IU		25%
Iodine (from bladderwrack and kelp)	200 mcg		133%
Zinc (from zinc aspartate)	3.75 mg		25%
Selenium (from selenium yeast)	17.5 mcg		25%
Proprietary ThyrX Guggul Blend Commiphora mukul (10% Guggulsterones), Guggulsterones (98% E & Z)	328 mg		**
Proprietary ThyrX Support Blend Coleus forskohlii (15mg forskolin), Bladderwrack 4:1 (Fucus vesiculosus), Kelp Powder (Macrocystis pyrifera), L-Tyrosine, Ashwaganda Root (Withania somnifera), Ginger Root (Zingiber officinale), Licorice Root 4:1 (Glycyrrhiza glabra), Diiodo-L-Tyrosine	495 mg		**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement test your tolerance by taking one (1) capsule in the morning. If well tolerated take another capsule four (4) hours later. After tolerance test, you may take up to two (2) capsules, one (1) to three (3) times daily with eight (8) ounces of water with or without food. DO NOT TAKE AFTER 6PM. MAY CAUSE SLEEPLESSNESS. DO NOT EXCEED SIX (6) CAPSULES DAILY.

**OTHER INGREDIENTS:** Gelatin, Rice Powder, Magnesium Stearate.

**KEEP OUT OF REACH OF CHILDREN.**

**STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.**

**NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.** Consult a Physician before using this product if you have, or have a family history of, including but not limited to high blood pressure, cardiac arrhythmias, heart, liver, kidney, thyroid, or psychiatric disease, pheochromocytoma, diabetes, asthma, recurrent head aches, anemia, nervousness, anxiety, depression or other psychiatric condition, peptic ulcers, Parkinson's disease, glaucoma, difficulty in urinating, prostate enlargement, or seizure disorder, or if you are using a monoamine oxidase inhibitor (MAOI) or any other dietary supplement, prescription drug, or over-the-counter drug containing ephedrine, pseudoephedrine, or phenylpropanolamine (ingredients found in certain allergy, asthma, cough or cold, and weight control products). Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects, including heart attack and stroke. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or other similar symptoms. Individuals who consume caffeine with this product may experience serious adverse health effects and those that are sensitive to the effects of caffeine should consult a Physician before consuming this product. Improper use of this product may be hazardous to a person's health. Do not use during strenuous activity in high temperature conditions (greater than 80° F). Drink at least 2 liters of water daily when using this product.

Before taking Vitamin D2 (ergocalciferol), tell your doctor if you have kidney disease, kidney stones, liver disease, biliary disease, stomach or malabsorption problems, heart disease, or circulation problems.

To report any adverse events call 1-800-332-1088.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.