

# Max Lean Protein

**The Weight  
Management Protein<sup>†</sup>**

**Protein  
Never  
Tasted So  
Good!**

**High Protein, Fiber, Nutrient Blend<sup>†</sup>**

Max Muscle brings you **Max Lean Protein**, a totally unique protein product for weight management. This product is designed to provide a delicious high quality protein, with vitamins and minerals in a thick "Hunger Satisfying" shake. The Multi-Source protein blend contains Whey Protein Concentrate, Whole Milk Protein, and Whey Protein Isolate to deliver whey fractions that include alpha-lactalbumin, beta-lactoglobulin, glycomacropeptides, lactoferrin, immunoglobulins, lactoperoxidase, bovine serum albumin and lysozyme. These valuable fractions support the immune system, assist recovery, and boost essential amino acid content. Recent research indicates that protein is more thermogenic than carbs or fat and that high protein diets support satiety compared to low protein diets. **Max Lean Protein** is more than just a great tasting protein; it also contains Vitamins and Minerals for optimal nutrition and recovery. The amino acids glycine and glutamine are added for GH support and exercise recovery. In addition there is fiber from cellulose and oat bran to fill you up, satisfy your hunger, and promote gastrointestinal health. We even added fine ground flax seed for essential fatty acids for healthy muscle cells and glowing skin. Combined with a proper diet and exercise routine, **Max Lean Protein** gives you a creamy, flavorful, thick, satisfying shake to help you achieve your physique goals.<sup>†</sup>



**Size:** Net Wt. 3lbs. (1362g)

**Serving Size:** Two (2) Scoops (app. 50g)

**Servings Per Container:** 27

**Flavors:** Chocolate Mousse, French Vanilla, Strawberry Shortcake

## KEY FEATURES

- Supports Lean Muscle<sup>†</sup>
- Satisfies Hunger<sup>†</sup>
- Supports Thermogenesis<sup>†</sup>

## KEY MESSAGES

- Protein fiber nutrient blend supports your weight management efforts.<sup>†</sup>
- Curbs appetite with protein calories and fiber.<sup>†</sup>
- Supports an increase in metabolism without fat calories.<sup>†</sup>
- Supports muscles recovery and growth.<sup>†</sup>
- Source of high quality protein.<sup>†</sup>

## TARGET MARKET

**Primary:** Men and women looking to lean out, slim down, and stay in shape.

**Secondary:** Those who need a convenient protein source and want to add fiber to their diet.

## RECOMMENDED STACK

- Vit-Acell
- Max Lean System
- Max Carb & Fat Away
- Max CLA
- Max Cleanse & Lean
- Max Nitro
- Max Glutamine Chewables
- Max CreaCine CV

Your assurance of quality<sup>®</sup>

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[www.maxmuscle.com](http://www.maxmuscle.com)

# Max Lean Protein

## Chocolate Mousse

Net Wt. 3lbs. (1362g)

**Size:** Net Wt. 3lbs. (1362g)  
**Serving Size:** Two (2) Scoops (app. 50g)  
**Servings Per Container:** 27

### Supplement Facts

Serving Size: 2 Scoops (app. 50g)  
 Servings Per Container: 27

Amount Per Serving		%Daily Value*
Calories 172		Calories from Fat 36
Total Fat	4 g	6%
Saturated Fat	2 g	10%
Cholesterol	25 mg	8%
Sodium	160 mg	7%
Potassium	200 mg	6%
Total Carbohydrate	6 g	2%
Sugars	6 g	
Dietary Fiber	2 g	8%
Protein	28 g	52%
L-Glycine	2.5 g	**
L-Glutamine	625 mg	**
Taurine	312 mg	**
Vitamin A 25%	Vitamin C 25%	Calcium 25%
Iron 25%	Vitamin D 25%	Vitamin E 25%
Vitamin B1 25%	Vitamin B2 25%	Niacin 25%
Vitamin B6 25%	Folic Acid 25%	Vitamin B12 25%
Biotin 25%	Vitamin B5 25%	Phosphorus 25%
Iodine 25%	Magnesium 25%	Zinc 25%
Selenium 25%	Copper 25%	Manganese 25%
Chromium 25%	Molybdenum 25%	Chloride 25%

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**DIRECTIONS:** As a dietary supplement take two scoop 1 - 3 times daily mixed into 1 Cup to 2 Cups (8 -16oz) of water, milk, fruit juice, or your favorite beverage. Use a spoon or shaker to mix. Adding ice, whole fruit, frozen yogurt, and/or ice cream makes for a great tasting shake.

**INGREDIENTS:** Multi-Source Protein Blend (Whey Protein Concentrate, Whole Milk Solids, Whey Protein Isolate), Dextrose, Glycine, Dutch Cocoa, Cellulose Fiber, Fudge Flavor, Oat Bran Fiber, Vitamin & Mineral Mix, Sunflower Seed Oil Powder, Vitamin and Mineral Blend [(di-Potassium Phosphate (Potassium), di-Potassium Phosphate and di-Calcium Phosphate (Phosphorous), Mag-nesium Aspartate, Ascorbic Acid (Vitamin C), Niacin/Niacinamide, Beta-Carotene, Vitamin A Palmitate, Vitamin D3, Cholecalciferol, dl-Alpha Tocopheryl Acetate (Vitamin E), Ferric Orthophosphate (Iron), Zinc Oxide, di-Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Copper Gluconate, Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Manganese Sulfate, Folic Acid, Biotin, Chromium Polynicotinate, Iodide Potassium (Iodine), Sodium Molybdenate (Molybdenum), Sodium Selenite (Selenium), Cyanocobalamin (Vitamin B12)] Fine Flax Seed, Glutamine, Natural and Artificial Vanilla Flavor, Sodium Chloride, Taurine, Sucralose, Acefame K.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

# Max Lean Protein

## French Vanilla

Net Wt. 3lbs. (1362g)

**Size:** Net Wt. 3lbs. (1362g)  
**Serving Size:** Two (2) Scoops (app. 50g)  
**Servings Per Container:** 27

### Supplement Facts

Serving Size: 2 Scoops (app. 50g)  
 Servings Per Container: 27

Amount Per Serving		%Daily Value*
Calories 164		Calories from Fat 36
Total Fat	4 g	6%
Saturated Fat	2 g	10%
Cholesterol	25 mg	8%
Sodium	160 mg	7%
Potassium	200 mg	6%
Total Carbohydrate	6 g	2%
Sugars	6 g	
Dietary Fiber	2 g	8%
Protein	28 g	52%
L-Glycine	2.5 g	**
L-Glutamine	625 mg	**
Taurine	312 mg	**
Vitamin A 25%	Vitamin C 25%	Calcium 25%
Iron 25%	Vitamin D 25%	Vitamin E 25%
Vitamin B1 25%	Vitamin B2 25%	Niacin 25%
Vitamin B6 25%	Folic Acid 25%	Vitamin B12 25%
Biotin 25%	Vitamin B5 25%	Phosphorus 25%
Iodine 25%	Magnesium 25%	Zinc 25%
Selenium 25%	Copper 25%	Manganese 25%
Chromium 25%	Molybdenum 25%	Chloride 25%

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# Max Lean Protein

## Strawberry Shortcake

Net Wt. 3lbs. (1362g)

**Size:** Net Wt. 3lbs. (1362g)  
**Serving Size:** Two (2) Scoops (app. 50g)  
**Servings Per Container:** 27

### Supplement Facts

Serving Size: 2 Scoops (app. 50g)  
 Servings Per Container: 27

Amount Per Serving		%Daily Value*
Calories 164		Calories from Fat 36
Total Fat	4 g	6%
Saturated Fat	2 g	10%
Cholesterol	25 mg	8%
Sodium	160 mg	7%
Potassium	200 mg	6%
Total Carbohydrate	6 g	2%
Sugars	6 g	
Dietary Fiber	2 g	8%
Protein	28 g	52%
L-Glycine	2.5 g	**
L-Glutamine	625 mg	**
Taurine	312 mg	**
Vitamin A 25%	Vitamin C 25%	Calcium 25%
Iron 25%	Vitamin D 25%	Vitamin E 25%
Vitamin B1 25%	Vitamin B2 25%	Niacin 25%
Vitamin B6 25%	Folic Acid 25%	Vitamin B12 25%
Biotin 25%	Vitamin B5 25%	Phosphorus 25%
Iodine 25%	Magnesium 25%	Zinc 25%
Selenium 25%	Copper 25%	Manganese 25%
Chromium 25%	Molybdenum 25%	Chloride 25%

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\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

